

# Understanding the Biblical Sabbath

## Scripture for study

by Stephanie A. Mayberry

Isaiah 58:13-14	Blessings for keeping Sabbath
Genesis 2:2-3	God created the Sabbath
Leviticus 16:31	Sabbath forever
Exodus 31:16	Sabbath is forever
Exodus 31:14-16	Death for defiling the Sabbath
Exodus 35:1-2	Death for defiling the Sabbath
Exodus 20:8-11	The fourth commandment and how to keep Sabbath
Exodus 16:23	Prepare for Sabbath
Exodus 16:25-29	God's provision for the Israelites included preparation for the weekly Sabbath
Exodus 31:13	We keep the Sabbath as a sign between us and God. We keep Sabbath throughout our generations. Keeping Sabbath is holiness.
Leviticus 19:2-3	Keeping Sabbath is holiness
Leviticus 19:30	Keep His Sabbaths and reverence His sanctuary
Leviticus 23:3	Keep His Sabbaths (seventh day)
Leviticus 26:2	Keep His Sabbaths and reverence His sanctuary
Deuteronomy 5:12	Keep the Sabbath day to sanctify it as God commands
Deuteronomy 5:14	Seventh day Sabbath, do not work
Deuteronomy 5:15	Remember God's deliverance and keep the Sabbath as He commands
1 Chronicles 23:31	Keep Sabbath regularly and observe it correctly
Numbers 15:32-35	Man defiled Sabbath and God commanded he be put to death
Numbers 15:37-40	God commands the Israelites to wear tzit tzit to remind them of His commandments, to keep Sabbath
Matthew 12:11-12	Ministry on Sabbath
Exodus 2:16	Prepare meal on Sabbath or high holy day
Matthew 24:20	People will still be keeping Sabbath in the last days
Mark 2:27	Sabbath was made for man, not man made for the Sabbath
Luke 4:16	Jesus taught on the synagogue on the Sabbath
Luke 4:31	Jesus taught on the Sabbath
Luke 6:6	Jesus taught on the Sabbath

John 19:31	There was a rush to get Jesus' body off the cross because the sun was going down on preparation day, meaning it was almost Sabbath (a High Sabbath - Passover)
Luke 23:56	The women who helped prepare Jesus' body for burial rested on the Sabbath
Hebrews 4:3-13	Jesus is not "rest" as a replacement for Sabbath rest. We need Sabbath.
John 5	The Jews claimed Jesus broke Sabbath but he only broke their rabbinical laws. He did not violate the biblical Sabbath.
Acts 13:42	Gentile churches were keeping Sabbath
2 Timothy 2:15	Study to show yourself approved.
John 14:15-21	If you love me, keep my commandments
1 John 5:3	We love God so we keep His commandments and His commandments are not grievous
Romans 7:12	The law is holy - keeping the law is holiness
Leviticus 11:44	Be holy for He is holy
1 Peter 1:15-16	Be holy for He is holy - Be holy in all you do
Colossians 2:14	The law was not done away with, the sins were just blotted out.
Matthew 5:17-18	Yeshua did not come to abolish the law. He fulfilled the law of recompense which ended the blood sacrifice requirements which were temporary from the start.
Hebrews 9:22	Blood sacrifice is required for atonement for sin - Yeshua fulfilled that
Psalm 119:1-176	No compromise
Matthew 12:30	No compromise
James 1:22	Be doers of the word, not hearers only. Live it.
1 John 2:4	If you don't keep His commandments, you don't know Him and you have no truth in you.
Revelation 14:12	The patience of the saints who kept His commandments
Galatians 3:28	All are the same in Yeshua. There is no Jew or Gentile.
1 Corinthians 8:13	You are responsible for how your actions affect others

Matthew 10:15	God has more tolerance for Sodom and Gomorrah than for people who hear scriptural truth and reject it.
Revelation 20:12	Everyone will be judged by scripture and how closely they adhered to it.